








2016 METRIC CENTURY

Route		Elapsed Mileage
START	Shoreline Drive and Linden Ave	0
	Head west on Shoreline Drive	
LEFT	Pine Avenue, enter Rainbow Pier	0.5
RIGHT	Take the Esplanade to the river trail, loop around the lighthouse	0.6
LEFT	Ride past Catalina Landing	1.6
LEFT	Golden Shore St	1.8
RIGHT	Enter the LA River Trail	2
RIGHT	Exit LA River Trail and head down the ramp to Dominguez Gap Wetlands	6.8
	Dominguez Gap - CHANGE OF TERRAIN for approximately 1/4 mile	
RIGHT	Exit Dominguez Gap and head south on Del Mar Avenue	7
LEFT	Access road into Cerritos Park	7.4
	REST STOP #1 - Los Cerritos Park	7.5
	Country Club Dr and Bixby Rd, Long Beach, CA 90807	
LEFT	N Country Club Dr	7.05
RIGHT	W Bixby Rd	
LEFT	Industry Avenue	9.4
RIGHT	Cover St	9.5
RIGHT	Heinemann Avenue	10.4
LEFT	Conant Street	10.6
LEFT	Faculty Avenue	11.3
RIGHT	E Lew Davis St	11.6
LEFT	Midway down Lew Davis St, take the ramp onto the Long Beach City College campus walkway & head north across the campus	11.8
RIGHT	At the end of the campus walkway, head east on Carson St onto the bike path	11.9
	Cross Clark Ave & enter Heartwell Park Bike Path, east side of Clark	12
STRAIGHT	Bike path through Heartwell park (the park is in 4 sections and you'll cross over Bellflower Blvd, Woodruff Ave, Palos Verdes Ave, and N. Los Coyotes Diagonal) WATCH FOR PEDESTRIANS	12-14
RIGHT	Enter the San Gabriel River Trail entrance is about 1/2 mile past the N Los Coyotes Diagonal intersection	14.5
LEFT	Cross the small bridge crossing the river channel	
RIGHT	End of bridge, head south on the San Gabriel River Trail	
LEFT	Enter El Dorado Park Area 3 (watch for bicycle cross traffic)	15.4
	REPEAT LOOP AROUND AREA 3 IN EL DORADO PARK	15.4-18.9

Route		Elapsed Mileage
	REST STOP #2 - El Dorado East Park	17
	Area 3 - Between Carson St. & Wardlow Rd.	
LEFT	Enter El Dorado Park Area 2, crossing under Wardlow Rd. Stay in El Dorado Park on the bike path	19
RIGHT	Enter the San Gabriel River Trail	19.6
LEFT	San Gabriel River Trail, cross over bridge	20.8
RIGHT	Exit bridge	
	Continue south on San Gabriel River Trail	
LEFT	Marina Drive	24.5
LEFT	1st Street	
RIGHT	Pacific Coast Highway	24.9
	REST STOP #3 - West Newport Park	37
	PCH and Orange St, Newport Beach, CA 92663	
STRAIGHT	Pacific Coast Highway	
RIGHT	Jamboree Rd	41.2
RIGHT	Bayside Drive	41.4
LEFT	Pacific Coast Highway	42.2
	REST STOP #6 - Spaghetti Bender Parking Lot	45
	6204 West Coast Highway, Newport Beach, CA 92663	
STRAIGHT	Pacific Coast Highway	
RIGHT	Enter the San Gabriel River Trail Loop around to head South under Pacific Coast	58
	Proceed south on the San Gabriel River Trail	
RIGHT	N. Marina Drive	58.5
	REST STOP #3 - Seaport Marina Parking Lot	59.5
	Marina Dr b/t Studebaker and 2nd, Long Beach, 90803	
LEFT	East 2nd Street	59.6
LEFT	Bayshore Drive	60.6
LEFT	54th Place	60.9
STRAIGHT	Cross over Ocean Blvd and enter Shoreline Bike Path (beach)	61
STRAIGHT	Continue on Shoreline Bike Path until reach Finish Line at Marina Green Park	64.2
Note: Cyclist will receive medals and refreshments at the Finish Line Festival.		

For Course Marshal Assistance: (XXX) XXX-XXXX

For Emergencie Dial: 9-1-1